



Homewood Health™

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TTY:
Numéro sans frais
International

homewoodhealth.com



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E-Course Catalogue

Courses for Employees and Family Members: Health and Well-being

6_e^TQd_Y^c_V5 USdfU^@dJ^d^W . . . &

Buc_VY^W3_^ YsdY^9^dJ QdJBU^Qd_Y^cXY c^ . . . ! #

@dJ^ Qb^WV_b_ebBUd^dJ U^d . . . ! &

Courses for Employees and Family members: Career and Workplace Issues

Courses for Key Persons and Supervisors

= Q^QW^WCU^c^d^f U^5] ^ _i UU^9^ceUc^ . . . " "

6e^TQJ U^dQc^_V5 USdfU^Ce^ UbfYc_Y^ . . . " \$

About Homewood Health E-Learning

Objectives

8_] Ug __T 8UQdK'Uk<UOb^Y^WS_ebcUc'QdJ'_^Y^U'UfU^db'dXQd

] U] RUbc'Q^T'TU' U^TQ^dbfbc` UbfYc_bcfQ^T'_dXUb[Ui'

About the courses

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g ` b_fY^W' Ubc_^Q\g U\ERUY^WQ^T'XW'c[Y^c''

' U USdfU^UccfQ^T

g ` b_fY^Wg_b['c[Y^c'Q^T'g_b[` \QSU'U USdfU^Uccf

S_ebcU'' bJcU^db'' b' cfl ''Q^T''

E-Learning Course Descriptions

COURSES FOR EMPLOYEES AND FAMILY MEMBERS:

Health and Well-being

What is the right kind of parenting relationship to have with your child?

Taking Control of Alcohol Use

Taking Control of Alcohol Use

How much is too much?

E-Learning Course Descriptions

Preparing for Your Retirement

What plans have you made for your new chapter in life?

d_cXyWdWJQccQ^T^SbJQdJ^Ug^Uh^UbU^Sud^8_g Uf UbfI
bJdWJ U^d^ bJcU^dc_c_] U^f Ubi^ bJQ^ ci SX__WWSQ^Q^T^
U] _d_ ^Q^SXQ^U^WJd^G Y^X^QT^f^Q^SU^ V^Q^ ^Y^WQ^T^

COURSES FOR EMPLOYEES AND FAMILY MEMBERS:

Career and Workplace issues

Embracing Workplace Change

How do you stay productive during times of uncertainty and change? DXy^S_ebcU^_ Ubc^cU^W^SQdJ^cd^CdJ^WUc^V_b^

dXY^ [Y^Wf^Qe^Y^W] Y^cd^ Ucf^cd^ Y^WRQ^Q^SUT^f^Q^T^ dQ^ Y^W

Respect in the Workplace

_VXQbQcc] U^dfIT^Y^Sb] Y^QdY^ ^fRe^Ni Y^WQ^T^Z_bfY^_U^SUI^DXU^

Taking Control of Job Loss and Transition

How do you take back control of your life?

dbQ^cYdY^ ^Y^QTY^ Se^d^ b_SUcc^V_b^Q^i _^Uf^DXy^S_ebcU^g Y^W

Taking Control of Anger

Abol Anger

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Resilience

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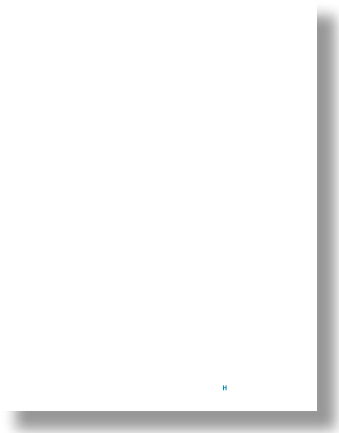


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Re ol ing Con ic in









Managing Sensitive
Employee Data



Workbook

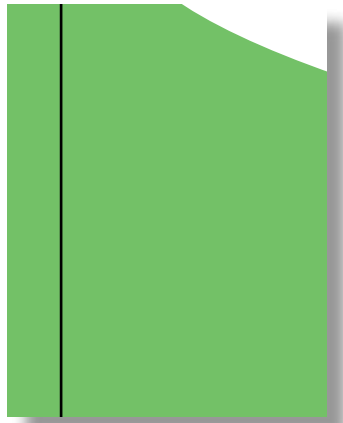


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