

Major Information

The Bachelor of Science in Sport Studies, offered by the Department of Physical Education, provides students with the opportunity to explore sport, movement disciplines, exercise and wellness within a trans-disciplinary curriculum.

Four cognate areas of specialization are available within this major. Building on required coursework and discrete electives, these cognate areas are:

- Human Development and Learning
- Human Movement Sciences
- Sports Management
- Personal and Team Coaching

The B.S. in Sport Studies prepares students to work in the wellness, recreation and sports industries, as well as to help them gain admission to a range of graduate programs supporting practice and research in human performance and the allied health professions.

Areas of Specialization

Cognate areas are supported by coursework in academic disciplines found across the university. Students begin by taking courses offered through the Department of Physical Education. Then, guided by their interest and aptitude, students study with faculty who specialize in a range of areas associated with sports and human movement.

Elective Coursework

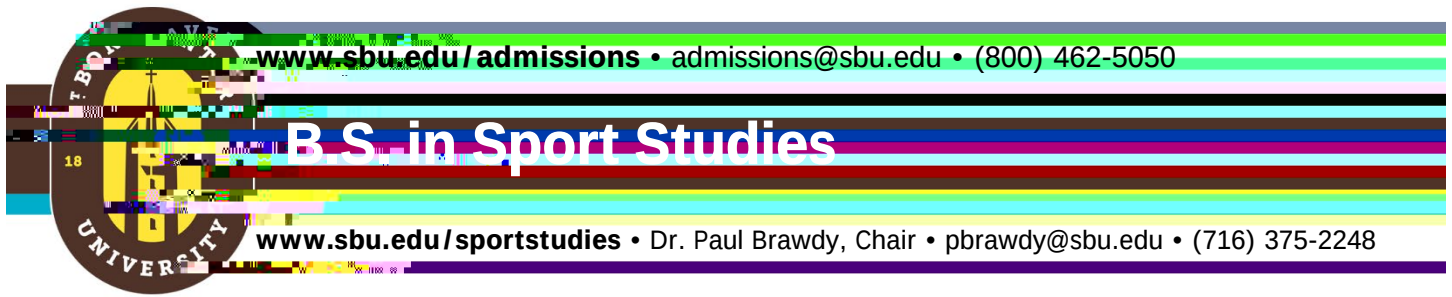
One of the unique features of the Sport Studies major is its number of elective credits. With 24 credits of free electives, many students are able to work on prerequisites for further, advanced levels of study in graduate school or work on completing a minor in related areas of study.

Becoming a Coach

Sport Studies majors are also particularly well-positioned to prepare for a career in coaching. Whether by pursuing the Coaching and Human Performance cognate or by taking the New York state-approved sequence of coaching courses offered within the department, graduates are well on their way to becoming certified to coach interscholastic sports across the state of New York.

Your Four-Year Journey in Sport Studies

Here's a year-by-



Coursework in the student's cognate area of study is completed and elective study continues.

Coursework for areas of specialization:

Human Development and Sport (15 credits)